

good  
**morning**

6:00 AM to 11:00 AM

Cimarron Restaurant

### Energize Your Day

- **Hot Oatmeal**  
Caramelized green apple, sun-dried raisin compote **8.00**
- **Cereal Favorites**  
Choose from an array of classics or crunchy granola,  
Seasonal berries or sliced banana **8.00**
- Banana, Strawberry, Pineapple Smoothie**  
Blended with low-fat yogurt and honey **7.00**
- **A Bounty of Fruit and Berries**  
Seasonal selection of the market's best **9.00**
- **Seasonal Berry and Yogurt Parfait**  
Served tiered, with flax seeds and all natural granola **10.00**

### Feeling Great

#### Breakfast Sliders

Scrambled eggs, cheddar cheese, crisp bacon on toasted brioche buns **11.50**

- **Egg Whites, Spinach, Cheddar Cheese Omelet**  
White cheddar cheese laced with oven-cured tomatoes, fruit selection or crisp golden hash brown potatoes **13.00**

#### Griddled Buttermilk Blueberry Pancakes

Warm maple syrup and whipped butter **13.50**

### Morning Glory

#### Chef's Omelet

Three eggs packed with cured ham, sautéed sweet onions, aged swiss and white cheddar, served with crisp golden hash brown potatoes and toast **13.00**

#### Grilled Ham and Eggs\*

Crisp golden hash brown potatoes and choice of toast  
or with bacon or sausage, if you'd like **12.00**

#### Farm Fresh Scrambled Eggs and Bacon

#### Quesadilla

Jack cheese, guacamole, salsa and sour cream **13.00**

#### Hot Iron Griddle Belgian Waffle

Golden deep-pocket waffle, whipped cream, warm maple syrup and strawberries **13.50**

### The Side Plate

**Toasted Bagel with Philadelphia® Cream Cheese**  
Low-fat or regular **4.50**

- **A Big Bowl of Berries**  
A bright mix of seasonal favorites **6.50**

#### The Bakery Basket

A buttery croissant, daily muffin, your choice of English muffin, sourdough, multigrain, rye or white toast with jam, honey and butter **6.50**

**Crisp Golden Hash Brown Potatoes** **5.00**

- **A Cup of Low-Fat Fruit Yogurt**  
Berries or plain **5.50**
- **Crispy Smoked Bacon, Breakfast Links or Grilled Ham** **5.50**

### We'll Fill Your Cup

#### Fresh Brewed Starbucks® Coffee

Regular or Decaffeinated **4.00**

- **Hot Tea**  
Choose from our selection of Tazo® Tea **4.00**

- **Juice**  
Orange, grapefruit, apple, cranberry or tomato **4.00**

#### Milk

Non-fat ➤, 2%, whole, soy or chocolate **3.00**

➤ Endorsed by Core Performance, these items have nutrients that work together to create long-lasting energy, helping you lead a higher quality of life. Learn more about our program at [sheratonfitness.com](http://sheratonfitness.com)  
Sheraton Fitness programmed by Core Performance. Mindset.Nutrition.Movement.Recovery.

\* Consuming raw or undercooked meat, seafood and eggs may increase your risk of food-borne illness